# WSSU Student Success Workshops: FALL SEMESTER 2025 FINAL

Workshops are open to all WSSU students and last between 30 and 50 minutes (except where noted). If you are a student in FYE1350/1250/1251, you must attend at least two workshops: one by October 10, and one by December 1, 2025. All students: after attending a workshop, please complete this survey: <a href="https://forms.gle/YoVBN4C95yAQoyNy9">https://forms.gle/YoVBN4C95yAQoyNy9</a>

#### **SEPTEMBER 2025**

Workshop	Description	Date, Time, and Location	Presented By
What You Need to	This workshop will discuss the dos and don'ts of a	Sept. 2 (Tue)	Vicki L. Grant, Advising
Know TODAY (A	college student for all majors, but specifically for	4pm & 6pm (attend	Services
Successful Student)	students in the Behavioral Science Field (Psychology,	only one session)	
	Sociology, Social Work and Gerontology). Visiting		
	Students will come and speak.	Hill Hall 331	
Science Success Night	Whether you're tackling general biology or any other	Sept. 2 (Tue)	Cynthia Grant, Bernadette
	science course, this session will give you the tools to	6pm to 7:30pm	McDougald-Clyburn, and Dr.
	thrive. Learn study strategies, understand concepts,		Mesia Steed, Advising
	engage with faculty, and receive insider advice from	Hill Hall L05	Services and the Biology
	top-performing faculty.		Department
Level Up Your Life	This career and life-design workshop will help students	Sept. 3 (Wed)	Rashad Little, University
using A.I.: Gainfully	align their personalities, lifestyles, and career goals with	2pm	College Communications
Employed	industries and opportunities that fit them best. It gives		Specialist
	students practical tools to map out their academic	Hill Hall 329	
	journey while connecting them directly to their future		
	earning potential and desired lifestyle. Seating limited:		
	email littlerq@wssu.edu to reserve a spot in advance.		
The Dos and Don'ts of	This workshop will discuss the importance of having fun	Sept. 4 (Thurs)	Bernadette McDougald
Dating on a College	meeting different people but also talk about safety as	5pm	Clyburn, Advising Services
Campus	far as the different STD'S and Domestic Violence that		
	could occur, and knowing the resources on campus	Hill Hall 331	
	that are available.		
Sampling 101 with 9 <sup>th</sup>	Learn the art, science, and history of sampling and beat	Sept. 4 (Thurs)	Jonathan Jones, Library
Wonder	making from Grammy Award-winning, multi-platinum	7pm	Services / Media Production
	producer, and Winston-Salem's very own, 9th Wonder.		Lab

Workshop	Description	Date, Time, and Location	Presented By
	Limited seating, pre-registration required:	O'Kelly 205	
	https://new.express.adobe.com/webpage/zC864S7Yw5i		
	<u>vf</u>		
Learning Secondhand	Learning Secondhand Curriculum: explores the	Sept. 9 (Tue)	Taylor Hayes, University
Curriculum	unspoken secondhand curriculum HBCU students often	(sign up on ramsync to	Student Activities &
(Ram X: Power Hour	learn outside the classroom, like code-switching,	confirm time)	Engagement
Series)	navigating bias, and balancing authenticity with		
	professionalism. This session creates space for honest	DJR 100	
	dialogue and equips students with tools to thrive while		
	staying true to themselves in real-world		
	environments. Must sign up in advance through		
	http://ramsync.wssu.edu		
Adobe Express 101	A crash course on the many features within Adobe	Sept. 9 (Tue)	Sharnette Evans, Library
	Express and how participants can utilize the online	11am	Services
	software for academic, personal, and professional use.		
	Limited seating, pre-registration required:	O'Kelly 205	
	https://new.express.adobe.com/webpage/zC864S7Yw5i		
	<u>vf</u>		
Writing Toolbox:	Learn how to craft strong introductions, clear thesis	Sept. 9 (Tue)	Writing and Communication
Structuring an Effective	statements, and well-organized body paragraphs with	4pm	Center
Essay	effective topic sentences and transitions. This		
	workshop will equip you with the tools to write essays	Hall Patterson 305	
	that flow seamlessly from start to finish.		
Suicide Awareness and	Students in Covington and Moore Halls plan for a fun,	Sept. 9 (Tue)	Project B-Healthy & Legacy
Prevention Trivia Night	team-based trivia game designed to spark	5:30pm to 7pm	Leaders, Academic Student
	conversation, build awareness and share resources		Experiences and
	that can help save lives. Together we'll learn, engage	Covington Hall &	Engagement
	and strengthen our Ram community through	Moore Hall	
	knowledge and support for one another!		
Level Up Your Life	This career and life-design workshop will help students	Sept. 10 (Wed)	Rashad Little, University
using A.I.: Gainfully	align their personalities, lifestyles, and career goals with	2pm	College Communications
Employed	industries and opportunities that fit them best. It gives		Specialist
	students practical tools to map out their academic	Hill Hall 329	

Workshop	Description	Date, Time, and Location	Presented By
	journey while connecting them directly to their future		
	earning potential and desired lifestyle. Seating limited:		
	email littlerq@wssu.edu to reserve a spot in advance.		
Podcasting 101	An overview of podcasting best practices and how to	Sept. 10 (Wed)	Jonathan Jones, Library
	navigate Adobe's digital audio workstation, Adobe	6pm	Services / Media Production
	Audition and Podcast.Adobe. Highlighting crafting		Lab
	engaging audio storytelling and a brief introduction of	O'Kelly 205	
	Adobe Rush for video podcasts. Limited seating and		
	pre-registration required:		
	https://new.express.adobe.com/webpage/zC864S7Yw5i		
	<u>vf</u>		
Sip & Paint: World Cup	Unleash your creativity while celebrating global unity	Sept. 11 (Thurs)	Office of International
Focus – Soccer Jerseys	through soccer! Students will design and paint their	3:30 to 5pm	Programs
	own World Cup-inspired jerseys while learning about	11:11 11-11 224	
A 1 1/1	the cultural significance of this sport across the world.	Hill Hall 331	
Adult Learner	Looking for more time, wondering how to balance it all	Sept. 15 (Mon)	Paula Davis & Dr. Edward
Workshop	and still be an engaged learner? We will discuss all of	3:30 to 5pm	Opoku Dapaah, with Office
	the secrets of success as an adult learner!	Hill Hall L05	of Undergraduate Research
Adobe Premiere Rush	An overview of Adobe's user-friendly video editor.	Sept. 16 (Tues)	India Page, Library Services /
101	Helping create engaging visual storytelling for	11am	Media Production Lab
101	academic, personal or professional use. Limited seating	I I all I	Media Froduction Lab
	and pre-registration required:	O'Kelly 205	
	https://new.express.adobe.com/webpage/zC864S7Yw5i	O Kelly 203	
	vf		
Benefits of Asking for a	This workshop can help you understand how tutoring	Sept. 16 (Tue)	Bernadette McDougald
Tutor	will help strengthen subject comprehension, boost	3pm	Clyburn, Advising Services
	confidence, and build important learning skills.	'	
		Hill Hall 331	
Level Up Your Life	This career and life-design workshop will help students	Sept. 17 (Wed)	Rashad Little, University
using A.I.: Gainfully	align their personalities, lifestyles, and career goals with	2pm	College Communications
Employed	industries and opportunities that fit them best. It gives		Specialist
	students practical tools to map out their academic	Hill Hall 329	

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	journey while connecting them directly to their future		
	earning potential and desired lifestyle. Seating limited:		
	email littlerq@wssu.edu to reserve a spot in advance.		
Using Generative Al	Curious about ChatGPT, Quillbot, or other Al writing	Sept. 17 (Wed)	Writing and Communication
Responsibly in Your	tools? This workshop will explore how to ethically and	4pm	Center
Writing	effectively integrate generative Al into your writing		
	process. Learn how to use Al to brainstorm, organize,	Hill Hall L05	
	and revise without compromising your academic		
	integrity or personal voice.		
Diving Deeper with	An in-depth look at some of Adobe Express' powerful	Sept. 17 (Wed)	Jonathan Jones, Library
Adobe Express	features for academic, personal, and professional use.	6pm	Services / Media Production
	Limited seating and pre-registration required:		Lab
	https://new.express.adobe.com/webpage/zC864S7Yw5i	O'Kelly 205	
	<u>vf</u>		
Research Speed Dating	Discover the research topic that connects with your	Sept. 18 (Thurs)	Dr. Cynthia Williams Brown,
	passions. Learn ways to highlight why they matter and	3:30 to 5pm	with Office of
	who would be interested in the findings.	0114 11 407	Undergraduate Research
		O'Kelly 127	2.50
Movie & a Meal: Bend	Enjoy a delicious meal while watching Bend It Like	Sept. 18 (Thurs)	Office of International
It Like Beckham	Beckham, a heartwarming film about balancing cultural	3:30 to 5pm	Programs
	traditions with personal passions. A discussion will		
	follow on representation, identity, and international	Hill Hall L05	
The Articular December	perspectives.	C 40 (TL )	Const. Donate and
The Art of the Resume:	Discover how to craft a resume that tells your	Sept. 18 (Thurs)	Career Development
Your Story on Paper -	professional story and showcases your unique skills	4pm	Services
Using Al for Formatting	and experiences. This hands-on workshop will	11:11 11-11 240	
Resumes	introduce you to Al-powered tools like Skills First,	Hill Hall 210	
	helping you format and structure your resume with		
Resilience Strategies	This workshop series builds on resilience training,	Sept. 18 (Thurs)	Mackey McKee, Advising
for Graduation	offered by the University of Pennsylvania and the UNC	4pm	Services
TOT Graduation	System. The goal is to help you connect resilience	וווקד	SCI VICES
	strategies with staying on track toward graduation. Yes,	WB Atkinson Rm 101	
I	strategies with staying on track toward graduation. Yes,	WB Atkinson Rm 101	

Workshop	Description	Date, Time, and Location	Presented By
	you can come back from any setback. Make your		
	"setback" a "set up" for college success and graduation!		
Photoshop 101	An introductory overview of photo editing, retouching,	Sept. 23 (Tue)	Luchrita Grandison, Library
	and creative design using Adobe's powerful industry-	11am	Services / Media Production
	standard tool. Limited seating and pre-registration		Lab
	required:	O'Kelly 205	
	https://new.express.adobe.com/webpage/zC864S7Yw5i		
<del>-</del> 1	vf	G + 00 (T )	
The Intern Advantage:	This session will provide you with tools and strategies	Sept. 23 (Tue)	Career Development
Tools for Success	to maximize the value of internships and turn them into	12pm	Services
	steppingstones for your career. This workshop will	Hill Hall 210	
	cover how to set goals, build professional relationships,	HIII Hall 210	
	and leverage your internship to develop skills and gain valuable experience.		
How to Become an	Sometimes your academic workload can overwhelm	Sept. 23 (Tue)	Jason Sneed, Advising
Academic Weapon	you. How do you get back on track when you have	2pm	Services
Academic Weapon	fallen behind, and learn to be an academic weapon	20111	Scrices
	instead of being a victim of your academic standing?	Hill Hall 331	
Level Up Your Life	This career and life-design workshop will help students	Sept. 24 (Wed)	Rashad Little, University
using A.I.: Gainfully	align their personalities, lifestyles, and career goals with	2pm	College Communications
Employed	industries and opportunities that fit them best. It gives	'	Specialist
	students practical tools to map out their academic	Hill Hall 329	'
	journey while connecting them directly to their future		
	earning potential and desired lifestyle. Seating limited:		
	email littlerq@wssu.edu to reserve a spot in advance.		
Podcasting 101	An overview of podcasting best practices and how to	Sept. 24 (Wed)	Jonathan Jones, Library
	navigate Adobe's digital audio workstation, Adobe	6pm	Services / Media Production
	Audition and Podcast.Adobe. Highlighting crafting		Lab
	engaging audio storytelling and a brief introduction of	O'Kelly 205	
	Adobe Rush for video podcasts. Limited seating and		
	pre-registration required:		
	https://new.express.adobe.com/webpage/zC864S7Yw5i		
	<u>vf</u>		

Workshop	Description	Date, Time, and Location	Presented By
Reclaim Your Time:	College is a juggling act. Learn to manage your time	Sept. 25 (Thurs)	James Pao, Testing and
Time Management	wisely to lead a more balanced life while dealing with	12pm	Proctoring Center
Hacks	academic, social, and personal stress. You will gain		
	specific, actionable steps on how to take back control of	Hill Hall 331	
	your time and your life.		
Global Games Night	Experience the fun of games from around the globe!	Sept. 25 (Thurs)	Office of International
	Students will play traditional and modern international	3:30 to 5pm	Programs
	games, fostering cultural exchange and friendly		
	competition in a lively atmosphere.	Hill Hall 331	
The Art of the Resume:	Discover how to craft a resume that tells your	Sept. 25 (Thurs)	Career Development
Your Story on Paper -	professional story and showcases your unique skills	4pm	Services
Using Al for Formatting	and experiences. This hands-on workshop will	1	
Resumes	introduce you to Al-powered tools like Skills First,	Hill Hall 210	
	helping you format and structure your resume with		
	ease.		
Your Spotlight	This workshop will equip you with the tools to craft an	Sept. 29 (Mon)	Career Development
Moment: Elevator	engaging elevator speech that showcases who you are,	4pm	Services
Speech Preparedness	what you do, and what you bring to the table. Perfect		
	for networking events, interviews, and professional	Hill Hall 210	
	introductions, this session will help you create a		
	memorable impression in just a few seconds.		
Adobe Express 101	A crash course on the many features within Adobe	Sept. 30 (Tue)	Sharnette Evans, Library
	Express and how participants can utilize the online	11am	Services
	software for academic, personal, and professional use.		
	Limited seating, pre-registration required:	O'Kelly 205	
	https://new.express.adobe.com/webpage/zC864S7Yw5i		
	<u>vf</u>		
Aligning Career Goals	This workshop will help you to assess your career	Sept. 30 (Tue)	The Graduate School,
with Graduate	interests, identify graduate programs that align with	3:30 to 5pm	Career Services, and Office
Programs	your goals, and leverage university and Al tools for	011/11/240	of Undergraduate Research
	informed decision-making.	O'Kelly 318	

Workshop	Description	Date, Time, and Location	Presented By
Grammar Hacks: A	This workshop will help you brush up on essential	Sept. 30 (Tue)	Writing and Communication
Refresh on Grammar	grammar rules and improve your writing skills. We'll	4pm	Center
Rules	break down key concepts like commas, sentence		
	structure, and the semicolon, offering simple "hacks" to	Hall Patterson 305	
	enhance your writing.		

## **OCTOBER 2025**

Workshop	Description	Date, Time, and Location	Presented By
Pink Out Breast Cancer	Wear pink to honor survivors of breast cancer and	Oct. 1 (Wed)	Legacy Leaders & Katrina
Awareness & Vision	continue to raise awareness for the cause. Create vision	5:30pm to 7pm	McCoy Scott, Academic
Boards	boards to inspire your future goals! Together we will		Student Experiences and
	celebrate hope, resilience and lean into the power of	Hill Hall 331	Engagement
	having a vision for our futures!		
Adobe Premiere Rush	An overview of Adobe's user-friendly video editor.	Oct. 1 (Wed)	India Page, Library Services /
101	Helping create engaging visual storytelling for	6pm	Media Production Lab
	academic, personal or professional use. Limited		
	seating, pre-registration required:	O'Kelly 205	
	https://new.express.adobe.com/webpage/zC864S7Yw5i		
	<u>vf</u>		
Less Stress, More	Semester got you stressed out? Feel like you're	Oct. 2 (Thurs)	Gabrielle Norcross,
Success: Stress	drowning in your stress and don't know how to manage	7pm	Counseling Services
Management Tips	it? Let's talk about it! Join the Counseling Center to learn		
	more about stress, how it affects you, and put together	Hill Hall L05	
	an action plan for dealing with your stress.		
Leading With Your	Leading With Your Strength: This session discovers and	Oct. 2 (Thurs)	Taylor Hayes, University
Strength	helps students apply their unique strengths to lead	(sign up on ramsync to	Student Activities &
(Ram X: Power Hour	authentically, collaborate with purpose, and thrive in all	confirm time)	Engagement
Series)	areas of life. Must sign up in advance through		
	http://ramsync.wssu.edu	DJR 100	
Science Success Night	Whether you're tackling general biology or any other	Oct. 7 (Tue)	Cynthia Grant, Bernadette
	science course, this session will give you the tools to	6pm to 7:30pm	McDougald-Clyburn,
	thrive. Learn study strategies, understand concepts,		Advising Services; and Dr.

Workshop	Description	Date, Time, and Location	Presented By
	engage with faculty, and receive insider advice from	Hill Hall 331	Mesia Steed, Department of
	top-performing faculty.		Biology
The Intern Advantage:	This session will provide you with tools and strategies	Oct. 14 (Tue)	Career Development
Tools for Success	to maximize the value of internships and turn them	12pm	Services
	into steppingstones for your career. This workshop will		
	cover how to set goals, build professional relationships,	Hill Hall 210	
	and leverage your internship to develop skills and gain		
	valuable experience.		
From Scroll Mode to	Reading a textbook shouldn't feel like a sleep spell!	Oct. 15 (Wed)	Myra Doyle, Subject
Scholar Mode	Learn how to engage with dense readings, chapters,	4pm	Tutoring
	and articles—without zoning out. Learn how to preview,		
	annotate, and process what you read so that it sticks.	Hill Hall 331	
Sip & Paint: African	Discover the history and symbolism behind African	Oct. 16 (Thurs)	Office of International
Masks	masks while painting your own inspired design. This	3:30 to 5pm	Programs
	hands-on event highlights the cultural significance of		
	masks in African storytelling, art, and tradition.	Hill Hall 331	
Meet and Greet	Learn why Employers like students that have research	Oct. 16 (Thurs)	Dr. Tangela Towns, Office of
Research Partners	experience directly from employers.	3:30 to 5pm	Undergraduate Research
		Hill Hall L05	
Resilience Strategies	This workshop series builds on resilience training,	Oct. 16 (Thurs)	Mackey McKee, Advising
for Graduation	offered by the University of Pennsylvania and the UNC	4pm	Services
	System. The goal is to help you connect resilience		
	strategies with staying on track toward graduation. Yes,	WB Atkinson Rm 101	
	you can come back from any setback. Make your		
	"setback" a "set up" for college success and graduation!		
Your Spotlight	This workshop will equip you with the tools to craft an	Oct. 20 (Mon)	Career Development
Moment: Elevator	engaging elevator speech that showcases who you are,	4pm	Services
Speech Preparedness	what you do, and what you bring to the table. Perfect		
	for networking events, interviews, and professional	Hill Hall 210	
	introductions, this session will help you create a		
	memorable impression in just a few seconds.		

Workshop	Description	Date, Time, and Location	Presented By
Adobe Express 101	A crash course on the many features within Adobe	Oct. 21 (Tue)	Sharnette Evans, Library
	Express and how participants can utilize the online	11am	Services
	software for academic, personal, and professional use.		
	Limited seating, pre-registration required:	O'Kelly 205	
	https://new.express.adobe.com/webpage/zC864S7Yw5i		
	<u>vf</u>		
How to Become an	Sometimes your academic workload can overwhelm	Oct. 21 (Tue)	Jason Sneed, Advising
Academic Weapon	you. How do you get back on track when you have	5pm	Services
	fallen behind, and learn to be an academic weapon		
	instead of being a victim of your academic standing?	Hill Hall 331	
Is This the Right Major	As advising and registration approaches, questions	Oct. 22 (Wed)	Arthur Hardin and Chelsea
for Me?	about how your major applies to your dreams may	3pm	Warren, Advising Services
	arise. Gain a clearer picture of the classes required to		
	prepare for your future in a selected major. Let's	Hill Hall 331	
	explore and prepare for your destiny.		
Diving Deeper with	An in-depth look at some of Adobe Express' powerful	Oct. 22 (Wed)	Jonathan Jones, Library
Adobe Express	features for academic, personal, and professional use.	6pm	Services / Media Production
	Limited seating, pre-registration required:		Lab
	https://new.express.adobe.com/webpage/zC864S7Yw5i	O'Kelly 205	
	<u>vf</u>		
Movie & a Meal:	Share a meal and view <i>Lipstick Under My Burkha</i> , a	Oct. 23 (Thurs)	Office of International
Lipstick Under My	powerful film exploring women's voices, resilience, and	3:30 to 5pm	Programs
Burkha	self-discovery in India. After the film, engage in		
	meaningful conversation about gender and culture	Hill Hall 331	
	worldwide.		
Party With a Purpose:	Join us for a fun, upbeat event where students can	Oct. 23 (Thurs)	Legacy Leaders & Tarsha
Meeting Peer Tutors	meet peer tutors, make connections and build	5:30pm to 7pm	Damon, Academic Student
	relationships before the semester gets tough! It's a		Experiences and
	celebration with music, vibes and academic support all	Hill Hall 1 <sup>st</sup> Floor	Engagement
	in one! Meet us before you need us!		
Advanced Research &	We will discuss testing success, especially for the GRE	Oct. 29 (Wed)	James Pao, Testing and
Testing Strategies for	exam (required for entry into most graduate programs),	2pm	Proctoring Center and Dr.
Graduate Work			

Workshop	Description	Date, Time, and Location	Presented By
	and strategies to assist with successful graduate school	Hill Hall 331	Tangela Towns, Office of
	preparation and applications.		Undergraduate Research
Is This the Right Major	As advising and registration approaches, questions	Oct. 29 (Wed)	Arthur Hardin and Chelsea
for Me?	about how your major applies to your dreams may	3pm	Warren, Advising Services
	arise. Gain a clearer picture of the classes required to		
	prepare for your future in a selected major. Let's	Hill Hall 331	
	explore and prepare for your destiny.		
The Art of the Resume:	Discover how to craft a resume that tells your	Oct. 30 (Thurs)	Career Development
Your Story on Paper -	professional story and showcases your unique skills	4pm	Services
Using AI for Formatting	and experiences. This hands-on workshop will		
Resumes	introduce you to Al-powered tools like Skills First,	Hill Hall 210	
	helping you format and structure your resume with		
	ease.		
Influence Without	Influence Without Authority: In this session, students	Oct. 30 (Thurs)	Taylor Hayes, University
Authority	will discover that they can lead even when they are not	(sign up on ramsync to	Student Activities &
(Ram X: Power Hour	in charge. Small actions can still have a big impact. Must	confirm time)	Engagement
Series)	sign up in advance through <a href="http://ramsync.wssu.edu">http://ramsync.wssu.edu</a>		
		DJR 100	

## **NOVEMBER 2025**

Workshop	Description	Date, Time, and Location	Presented By
Podcasting 101	An overview of podcasting best practices and how to	Nov. 4 (Tue)	Jonathan Jones, Library
	navigate Adobe's digital audio workstation, Adobe	11am	Services / Media Production
	Audition and Podcast.Adobe. Highlighting crafting		Lab
	engaging audio storytelling and a brief introduction of	O'Kelly 205	
	Adobe Rush for video podcasts. Limited seating and		
	pre-registration required:		
	https://new.express.adobe.com/webpage/zC864S7Yw5i		
	<u>vf</u>		
The Intern Advantage:	This session will provide you with tools and strategies	Nov. 4 (Tue)	Career Development
Tools for Success	to maximize the value of internships and turn them	12pm	Services
	into steppingstones for your career. This workshop will		

Workshop	Description	Date, Time, and Location	Presented By
	cover how to set goals, build professional relationships, and leverage your internship to develop skills and gain valuable experience.	Hill Hall 210	
Adobe Premiere Rush 101	An overview of Adobe's user-friendly video editor. Helping create engaging visual storytelling for academic, personal or professional use. Limited seating and pre-registration required: <a href="https://new.express.adobe.com/webpage/zC864S7Yw5ivf">https://new.express.adobe.com/webpage/zC864S7Yw5ivf</a>	Nov. 5 (Wed) 11am O'Kelly 205	India Page, Library Services / Media Production Lab
How to Become an Academic Weapon	Sometimes your academic workload can overwhelm you. How do you get back on track when you have fallen behind, and learn to be an academic weapon instead of being a victim of your academic standing?	Nov. 5 (Wed) 12pm Hill Hall 331	Jason Sneed, Advising Services
Level Up Your Life using A.I.: Gainfully Employed	This career and life-design workshop will help students align their personalities, lifestyles, and career goals with industries and opportunities that fit them best. It gives students practical tools to map out their academic journey while connecting them directly to their future earning potential and desired lifestyle. Seating limited: email littlerq@wssu.edu to reserve a spot in advance.	Nov. 5 (Wed) 2pm Hill Hall 329	Rashad Little, University College Communications Specialist
Brand U @ WSSU	This is an alumni-led session in which RAMS learn how to build a strong personal brand by connecting WSSU's legacy to their own marketability. Students will gain insights on crafting an image that stands out and opens doors for future opportunities.	Nov. 5 (Wed) 6pm to 7:30pm DJR 100B	WSSU Alumni, Academic Student Experiences and Engagement
Preparing for Midterm Exams	Start early by creating a study schedule and reviewing your syllabus to understand the exam format. Actively engage with the material by organizing notes, creating flashcards, and doing practice problems or tests. Take breaks, study with classmates, and prioritize your wellbeing with healthy eating and sufficient rest.	Nov. 6 (Thurs) 5pm Hill Hall 331	Bernadette McDougald Clyburn, Advising Services

Workshop	Description	Date, Time, and Location	Presented By
Your Spotlight	This workshop will equip you with the tools to craft an	Nov. 10 (Mon)	Career Development
Moment: Elevator	engaging elevator speech that showcases who you are,	4pm	Services
Speech Preparedness	what you do, and what you bring to the table. Perfect		
	for networking events, interviews, and professional	Hill Hall 210	
	introductions, this session will help you create a		
	memorable impression in just a few seconds.		
Level Up Your Life	This career and life-design workshop will help students	Nov. 12 (Wed)	Rashad Little, University
using A.I.: Gainfully	align their personalities, lifestyles, and career goals with	2pm	College Communications
Employed	industries and opportunities that fit them best. It gives		Specialist
	students practical tools to map out their academic	Hill Hall 329	
	journey while connecting them directly to their future		
	earning potential and desired lifestyle. Seating limited:		
	email littlerq@wssu.edu to reserve a spot in advance.		
The Courage to Fail	The Courage to Fail: In this session, students will	Nov. 13 (Thurs)	Taylor Hayes, University
(Ram X: Power Hour	uncover how to turn setbacks into steppingstones for	(sign up on ramsync to	Student Activities &
Series)	success. Must sign up in advance through	confirm time)	Engagement
	http://ramsync.wssu.edu		
		DJR 100	
Personal Finances:	Is your credit score helping or hurting you? Credit	Nov. 18 (Tue)	Lori Timm, Allegacy Federal
Credit Basics	scores can have a huge impact on your financial	1pm	Credit Union with the
	wellbeing, providing access to jobs, housing, and future		Testing and Proctoring
	lending. During this interactive workshop, you'll:	Hill Hall 331	Center
	Understand the importance of a good credit		
	score and credit history		
	Explore the factors considered when calculating		
	a credit score and ways to boost yours		
	Learn to proactively build and protect your		
	credit		
Budgeting for Financial	Life after college may seem very uncertain. Regardless	Nov. 18 (Tue)	Lori Timm, Allegacy Federal
Independence	of where you end up and what you eventually do	2pm	Credit Union with the
	professionally, you will be responsible for managing		Testing and Proctoring
	your financial future. During this interactive session,	Hill Hall 331	Center
	you'll:		

Workshop	Description	Date, Time, and Location	Presented By
	Learn to create a realistic budget that can flex to		
	meet your needs		
	Identify budgeting strategies that can keep you		
	on track to success		
	Explore ways to manage debt + new expenses		
	for greater financial independence		
Overcoming Personal	As the semester comes near to a close, take a moment	Nov. 19 (Wed)	James Pao, Testing and
Obstacles	to step back and reconsider the mindsets you hold that	1pm	Proctoring Center
	might be preventing you from achieving your goals.		
	Let's discover ways to re-create and re-craft	Hill Hall 331	
	these obstacles into opportunities for success in the		
	future.		
Level Up Your Life	This career and life-design workshop will help students	Nov. 19 (Wed)	Rashad Little, University
using A.I.: Gainfully	align their personalities, lifestyles, and career goals with	2pm	College Communications
Employed	industries and opportunities that fit them best. It gives		Specialist
	students practical tools to map out their academic	Hill Hall 329	
	journey while connecting them directly to their future		
	earning potential and desired lifestyle. Seating limited:		
D . C E: 1	email littlerq@wssu.edu to reserve a spot in advance.	N 20 (TI )	
Preparing for Final	Learn how to get the inside scoop on what the test	Nov. 20 (Thurs)	James Pao, Testing and
Exams: Test-Taking	format will be, how to overcome test-taking anxiety,	2pm	Proctoring Center
Tips	what to do before test day, and how to handle different		
LIC AC IL D	kinds of questions that may appear on a test.	Hill Hall 331	)
Life After the Degree:	This session is designed to give students the chance to	Nov. 20 (Thurs)	WSSU Alumni & Tarsha
Networking with	connect with WSSU graduates who will share insights	6pm to 7:30pm	Damon, Academic Student
Alumni	from their professions and offer guidance for success!	DID 400A	Experiences and
	Connect to build meaningful relationships, expand your	DJR 100A	Engagement
	network, and open doors to future career		
	opportunities.		

#### **Staff Contact:**

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