

WSSU Student Success Workshops: **SPRING SEMESTER 2025**

FINAL v9

If you are in FYE1250 or 1251: you must attend **at least two** of these workshops, **one by Friday, March 7**, and **one by Friday, April 25**.

If you are in FYE1251: At least one of the workshops you attend must be offered by Career Development Services.

After attending any workshop, please make sure to **complete this survey:** <https://forms.gle/28FMtqLGW22rT5jp9>

After attending any workshop, your assignment (FYE Success Workshop Tracker) is due soon after (see your FYE 1250/1251 Canvas page).

February 2025

Workshop	Description	Date, Time, and Location	Presented By
The Intern Advantage: Tools for Success	This session will provide you with tools and strategies to maximize the value of internships and turn them into steppingstones for your career: how to set goals, build professional relationships, and leverage your internship to develop skills and gain valuable experience.	Feb. 3 (Mon) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
How Probation and Warning Status Impacts Financial Aid (SAP)	A student is on academic probation when their GPA falls below the minimum. Students on probation can still receive financial aid, but they must make satisfactory academic progress (SAP) to qualify.	Feb. 4 (Tue) 4pm Hill Hall L05	Cynthia Grant and Bernadette McDougald-Clyburn, Advising Services
Talk the Talk: The Perfect Introduction	Learn how to craft and deliver a polished elevator pitch that captures your unique strengths and professional goals. Whether you're networking, attending interviews, or introducing yourself in any professional setting, this session will help you speak with clarity and confidence.	Feb. 4 (Tue) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Becoming a Master at Science Courses	Let's discuss the best ways to study effectively for science in college: attending lectures, actively taking notes, reviewing material regularly, creating visual aids like diagrams and concept maps, practicing with example problems, forming study groups, seeking help when needed, and utilizing spaced repetition.	Feb. 4 (Tue) 5pm Hill Hall L05	Dr. Mesia Steed, Department of Biological Sciences
Your Spotlight Moment: Elevator Speech Essentials	This workshop will equip you with the tools to craft an engaging elevator speech that showcases who you are and what you bring to the table. Perfect for networking	Feb. 5 (Wed) 3pm	Peer Advisors, Career Development Services

Workshop	Description	Date, Time, and Location	Presented By
	events, interviews, and professional introductions, create a memorable impression in just a few seconds.	Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	
Digital You: Building a Winning Online Resume	Learn how to build a standout digital resume using Skills First, an AI- powered tool that helps you highlight your skills and achievements in a professional format. Whether you're applying for jobs online or building your personal brand, we will guide you through the process of creating a dynamic online resume.	Feb. 5 (Wed) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Writing Toolbox: Structuring an Effective Essay	Learn how to craft strong introductions, clear thesis statements, and well-organized body paragraphs with effective topic sentences and transitions. This workshop will equip you with the tools to write essays that flow seamlessly from start to finish.	Feb. 6 (Thurs) 4pm Hall Patterson 305	Writing and Communication Center
Career Tech Toolkit: LinkedIn and Beyond	This session will show you how to leverage LinkedIn and other digital platforms to build your personal brand and expand your professional network. Learn how to create an impactful LinkedIn profile, connect with the right people, and amplify your career growth.	Feb. 6 (Thurs) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
What's Hot, What's Not? Note-Taking Skills	Learn best practices taking effective notes both in-class and from textbooks. Use the S.M.O.R. technique for remembering information and the Cornell Method for taking lecture notes. See examples of how these principles are applied to common college courses.	Feb. 11 (Tue) 12:30pm Hill Hall 331	James Pao, Testing and Proctoring Center
A Love Affair	This event is all about self-care and self-love! We partner with stakeholders and student organizations in an engaging way. Students learn how to improve their wellness through tabling interactions, screenings, and presentations.	Feb. 14 (Fri) 12pm-4pm (stop-in) DJR Gym	Karen Williams, Student Health Center
White Lines and BRIC	We all enjoy chemistry and biology- but do we even recognize the connections? Explore the latest topics in the world of science. What are ways students can get involved in the discipline and what are the serious issues that researchers are struggling with today?	Feb. 17 (Mon) 12pm Hill Hall 331	Dr. Tangela Towns (Office of Undergraduate Research), Dr. Jill Keith (Chemistry) and Dr. Jude Ewunkem (Biological Sciences)

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Talk the Talk: The Perfect Introduction	Learn how to craft and deliver a polished elevator pitch that captures your unique strengths and professional goals. Whether you're networking, attending interviews, or introducing yourself in any professional setting, this session will help you speak with clarity and confidence.	Feb. 18 (Tue) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Dinner and a Movie	We will have a catered dinner that is from the same region as the movie we will show is about and will have an educational discussion prior to the movie.	Feb. 18 (Tue) 6pm-8:30pm Hill Hall L05	International Programs and Study Abroad
Skills in the Spotlight: How to Shine	Your skills are your superpower! Learn how to showcase them effectively! You'll discover strategies for identifying your top skills and communicating their value to employers. Whether in a resume, cover letter, interview, or networking conversation, this session will teach you how to position your skills as the key to solving an employer's needs.	Feb. 19 (Wed) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Resume Reboot: Stand Out to Employers	Is your resume in need of a refresh? Take it to the next level! This workshop is designed for individuals who have a resume but want to enhance its impact and relevance. Learn to use AI-powered tools like Skills First to refine your resume, highlight your most marketable skills, and tailor it to meet employer expectations.	Feb. 20 (Thurs) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
The Art of the Resume: Your Story on Paper	Discover how to craft a resume that tells your professional story and showcases your unique skills and experiences. Whether you're creating your first resume or enhancing an existing one, you'll leave with practical strategies to present your qualifications in a clear, compelling, and employer-ready format.	Feb. 19 (Wed) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services

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Conversation Hearts: Elevate Your Conversation Skills	Do you ever feel disconnected? Do you freeze up when trying to talk to someone new? Come elevate your conversation skills and build connections with other students! Take these skills home with you to help you navigate personal and professional conversations.	Feb. 20 (Thurs) 5pm Hill Hall 331	Gabrielle Norcross, Emily Kirker, and Janae Stitt, Counseling Center
The Intern Advantage: Tools for Success	This session will provide you with tools and strategies to maximize the value of internships and turn them into steppingstones for your career: how to set goals, build professional relationships, and leverage your internship to develop skills and gain valuable experience.	Feb. 24 (Mon) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Cafe, Careers and Canvas	We will serve a beverage and treat from a specific country, have people from different jobs come speak to students about their profession and their relation to international affairs, and allow students to paint.	Feb. 25 (Tue) 3:30pm to 5pm Hill Hall 331	International Programs and Study Abroad
Talk the Talk: The Perfect Introduction	Learn how to craft and deliver a polished elevator pitch that captures your unique strengths and professional goals. Whether you're networking, attending interviews, or introducing yourself in any professional setting, this session will help you speak with clarity and confidence.	Feb. 25 (Tue) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Passion Pitches: Discovering your Why	Unlock your potential by discovering what drives you! This empowering session will help you tap into your passions, identify your purpose, and create a solid foundation for success in college and beyond. Through engaging activities and reflective discussions, you'll gain clarity on your values, set goals, and learn strategies to support yourself academically, socially, and personally.	Feb. 26 (Wed) 6pm to 7:30pm Hill Hall 331	WSSU Alumni, Student Orientation and First Year Student Programming
Effective Email Essentials	We will assist you with best practices on how to email professionally and organize your emails using folders.	Feb. 26 (Wed) 6pm O'Kelly 318w	Sharnette Evans, Library Services
Teamwork and Respecting Differences	In order to function well as part of a team, such as in a group assignment for a class project, you must work well with others who are not like you. Using fun	Feb. 27 (Thurs) 2pm	James Pao, Testing and Proctoring Center

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	exercises, we will learn to better appreciate differences in other people as being unique gifts, not burdens.	Hill Hall 331	
Becoming an Academic Weapon	Sometimes your academic workload can overwhelm you. How do you get back on track when you have fallen behind, and learn to be an academic weapon instead of being a victim of your academic standing?	Feb. 27 (Thurs) 4pm Hill Hall L05	Jason Sneed, Academic Success Counselor

March 2025

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The Intern Advantage: Tools for Success	This session will provide you with tools and strategies to maximize the value of internships and turn them into steppingstones for your career: how to set goals, build professional relationships, and leverage your internship to develop skills and gain valuable experience.	March 3 (Mon) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Library Resources	The workshop will introduce students to think critically about library resources and use resources for assignments.	March 3 (Mon) 7pm O'Kelly 127	Joan Hill and Sharnette Evans, Library Services
Adobe Express 101	A crash course on the many features within Adobe Express and how participants can utilize the online software for academic, personal, and professional use. Limited seating, registration required: https://new.express.adobe.com/webpage/WueZ9EflUdQNz	March 4 (Tue) 11am and 6pm (pick one) O'Kelly Lab 205	Sharnette Evans, Library Services and Jonathan Jones, Library Services/Media Production Lab
TEAS Test Prep: Reading Comprehension	These techniques will help you prepare for the Reading section of the TEAS Core Test, a required exam for entry into the WSSU undergraduate Nursing program. This workshop can also help all students to better understand passages of short text.	March 4 (Tue) 2pm Hill Hall L05	James Pao, Testing and Proctoring Center
Is This the Right Major For Me?	As advising and registration approaches, questions about how your major applies to your dreams may	March 4 (Tue) 3pm	Arthur Hardin and Chelsea Warren, Advising Services

Workshop	Description	Date, Time, and Location	Presented By
	arise. Gain a clearer picture of the classes required to prepare for your future in a selected major. Let's explore and prepare for your destiny.	Hill Hall L05	
Brand Boss: Crafting Your Professional Image	Join your peers from the Writing and Communication Center to explore strategies for building a cohesive brand in-person and online to ensure your professional presence aligns with your goals and aspirations.	March 4 (Tue) 4:00pm Hall Patterson 305	Peer Tutors, Writing and Communication Center
Less Stress, More Success: Stress Management Tips	Semester got you stressed? Feel like you're drowning in your stress and don't know how to manage it? Let's talk about it! Join the Counseling Center to learn more about stress, how it affects you, and put together an action plan for dealing with your stress!	March 4 (Tue) 4pm Hill Hall L05	Gabrielle Norcross, Emily Kirker, and Janae Stitt, Counseling Center
Talk the Talk: The Perfect Introduction	Learn how to craft and deliver a polished elevator pitch that captures your unique strengths and professional goals. Whether you're networking, attending interviews, or introducing yourself in any professional setting, this session will help you speak with clarity and confidence.	March 4 (Tue) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Adobe Premiere Rush 101	An overview of Adobe's user-friendly video editor to create engaging visual storytelling for academic, personal or professional use. Limited seating, registration required: https://new.express.adobe.com/webpage/WueZ9EflUdQNz	March 5 (Wed) 11am O'Kelly Lab 205	India Page, Library Services/Media Production Lab
Your Spotlight Moment: Elevator Speech Essentials	This workshop will equip you with the tools to craft an engaging elevator speech that showcases who you are and what you bring to the table. Perfect for networking events, interviews, and professional introductions, create a memorable impression in just a few seconds.	March 5 (Wed) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Focus Pocus: Close the Apps and Crush Your Classes!	Is your concentration vanishing faster than you can refresh your feed? Don't let your study time disappear into cat videos and dance challenges! Join us for a magical workshop where we'll show you how to	March 5 (Wed) 6pm Hill Hall 1st Floor	Peer Tutors, Subject Tutoring

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	refocus, use tutoring to level up, and turn procrastination into productivity.		
Podcasting 101	An overview of podcasting best practices and how to navigate Adobe's digital audio workstation, Adobe Audition and Podcast.Adobe. Crafting engaging audio storytelling and a brief introduction of Adobe Rush for video podcasts. Limited seating, registration required: https://new.express.adobe.com/webpage/WueZ9EflUdQNz	March 5 (Wed) 6pm O'Kelly Lab 205	Jonathan Jones, Library Services/Media Production Lab
Reclaim Your Time: Time Management Hacks	College is a juggling act. Learn to manage your time wisely to lead a more balanced life while dealing with academic, social, and personal stress. You will gain specific, actionable steps on how to take back control of your time and your life.	March 6 (Thurs) 1pm Hill Hall L05	James Pao, Testing and Proctoring Center
Financial Literacy: Money Matters	When it comes to money, what matters is not how much you make but how much you keep. You have more control than you think over how much you spend, especially when armed with a plan.	March 6 (Thurs) 2pm Hill Hall L05	Russ Fields, Allegacy Federal Credit Union
Writing for Research: Organizing and Presenting Your Findings	This workshop will teach you how to effectively navigate research articles, extract key insights, and organize your findings into clear, compelling written work. Enhance your critical reading and writing skills to excel in academic research projects.	March 6 (Thurs) 3:30pm – 5pm Hill Hall 331	Dr. Tangelia Towns, Office of Undergraduate Research, and Writing and Communications Center
Schools Out for Summer...maybe not!	Let's discuss available summer funding and payment options in the event that you plan to attend summer sessions.	March 7 (Friday) 11am to 1pm DJR 100B	Office of Scholarships and Financial Aid
The Who, Why, & How of College	Learn to identify key faculty and staff members, locate important departments on campus, and understand why connecting with resources is vital for your success. Gain insights into student organizations and learn effective ways to contact campus staff, fostering a stronger sense of community, belonging and support.	March 12 (Wed) 2pm Hill Hall L05	Chelsea Warren, Advising Services

Skills in the Spotlight: How to Shine	Your skills are your superpower! Learn how to showcase them effectively! You'll discover strategies for identifying your top skills and communicating their value to employers. Whether in a resume, cover letter, interview, or networking conversation, this session will teach you how to position your skills as the key to solving an employer's needs.	March 12 (Wed) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
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What in the World	We will discuss hot topics that are currently trending from the perspectives of different countries.	March 19 (Wed) 3:30pm to 5pm Hill Hall L05	International Programs and Study Abroad
The Art of the Resume: Your Story on Paper	Discover how to craft a resume that tells your professional story and showcases your unique skills and experiences. Whether you're creating your first resume or enhancing an existing one, you'll leave with practical strategies to present your qualifications in a clear, compelling, and employer-ready format.	March 19 (Wed) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
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Resume Reboot: Stand Out to Employers	Is your resume in need of a refresh? Take it to the next level! This workshop is designed for individuals who have a resume but want to enhance its impact and relevance. Learn to use AI-powered tools like Skills First	March 20 (Thurs) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services

	to refine your resume, highlight your most marketable skills, and tailor it to meet employer expectations.		
Dinner and a Movie	We will have a catered dinner that is from the same region as the movie we will show is about and will have an educational discussion prior to the movie.	March 20 (Thurs) 6pm-8:30pm Hill Hall L05	International Programs and Study Abroad
Let's Talk about SAP	We will discuss the SAP (Satisfactory Academic Progress) Policy and the appeals process for SAP.	March 21 (Friday) 11am to 1pm Hill Hall L05	Office of Scholarships and Financial Aid
The Intern Advantage: Tools for Success	This session will provide you with tools and strategies to maximize the value of internships and turn them into steppingstones for your career: how to set goals, build professional relationships, and leverage your internship to develop skills and gain valuable experience.	March 24 (Mon) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
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Music Business & Digital Branding 101	An overview of trends and best practices in music business, entrepreneurship and digital branding. Led by music business executive, Marcus Pitt. Limited seating, registration required: https://new.express.adobe.com/webpage/WueZ9EflUdQNz	March 25 (Tue) 6pm O'Kelly Lab 205	Jonathan Jones, Library Services/Media Production Lab
Talk the Talk: The Perfect Introduction	Learn how to craft and deliver a polished elevator pitch that captures your unique strengths and professional goals. Whether you're networking, attending interviews,	March 25 (Tue) 4pm	Peer Advisors, Career Development Services

	or introducing yourself in any professional setting, this session will help you speak with clarity and confidence.	Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	
Adobe Premiere Rush 101	An overview of Adobe's user-friendly video editor to create engaging visual storytelling for academic, personal or professional use. Limited seating, registration required: https://new.express.adobe.com/webpage/WueZ9EflUdQNz	March 26 (Wed) 11am O'Kelly Lab 205	India Page, Library Services/Media Production Lab
Million Dollar Baby: Getting Paid to Do Research	If you have ever considered doing research while at WSSU, consider this: you can get paid to do it. Find out the many ways in which you can enrich your mind with research while enriching your wallet.	March 26 (Wed) 2pm – 3:30pm Hill Hall L05	Dr. Tangela Towns, Office of Undergraduate Research, and Dr. Charity Griffin and Dr. Malitsitso Moteane, Psychological Sciences
Skills in the Spotlight: How to Shine	Your skills are your superpower! Learn how to showcase them effectively! You'll discover strategies for identifying your top skills and communicating their value to employers. Whether in a resume, cover letter, interview, or networking conversation, this session will teach you how to position your skills as the key to solving an employer's needs.	March 26 (Wed) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Plan it out: Paper vs. Pixels	Are you a fan of the old-school charm of paper planners, or do you thrive with the tech-savvy convenience of digital tools? In this fun and interactive session, discover the pros and cons of both styles and learn how to choose the planning method that best fits your life. From color-coded calendars to creative bullet journaling, we'll help you stay organized like a pro!	March 26 (Wed) 6pm to 7:30pm Hill Hall 331	Katrina McCoy Scott, Student Orientation and First Year Student Programming
Podcasting 101	An overview of podcasting best practices and how to navigate Adobe's digital audio workstation, Adobe Audition and Podcast.Adobe. Crafting engaging audio storytelling and a brief introduction of Adobe Rush for video podcasts. Limited seating, registration required: https://new.express.adobe.com/webpage/WueZ9EflUdQNz	March 26 (Wed) 6pm O'Kelly Lab 205	Jonathan Jones, Library Services/Media Production Lab

How to Present Like a Pro	Enhance your presentation skills to confidently deliver your project and engage your audience. Learn the art of effective communication, compelling storytelling, and impactful body language to leave a memorable impression and successfully convey your ideas.	March 27 (Thurs) 3:30pm Hill Hall 331	Peer Tutors, Writing and Communications Center
Career Tech Toolkit: LinkedIn and Beyond	This session will show you how to leverage LinkedIn and other digital platforms to build your personal brand and expand your professional network. Learn how to create an impactful LinkedIn profile, connect with the right people, and amplify your career growth.	March 27 (Thurs) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Dreamville Music Production 101	Production breakdowns from Grammy-nominated and multi-platinum producers, recording engineers, and mixing engineers from Dreamville Records. Limited seating, registration required: https://new.express.adobe.com/webpage/WueZ9EflUdQNz	March 27 (Thurs) 6pm DJR 100A	Jonathan Jones, Library Services/Media Production Lab
The Intern Advantage: Tools for Success	This session will provide you with tools and strategies to maximize the value of internships and turn them into steppingstones for your career: how to set goals, build professional relationships, and leverage your internship to develop skills and gain valuable experience.	March 31 (Mon) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services

April 2025

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Talk the Talk: The Perfect Introduction	Learn how to craft and deliver a polished elevator pitch that captures your unique strengths and professional goals. Whether you're networking, attending interviews, or introducing yourself in any professional setting, this session will help you speak with clarity and confidence.	April 1 (Tue) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Skills in the Spotlight: How to Shine	Your skills are your superpower! Learn how to showcase them effectively! You'll discover strategies for identifying your top skills and communicating their value to employers. Whether in a resume, cover letter,	April 2 (Wed) 3pm	Peer Advisors, Career Development Services

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	interview, or networking conversation, this session will teach you how to position your skills as the key to solving an employer's needs.	Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	
The Art of the Resume: Your Story on Paper	Discover how to craft a resume that tells your professional story and showcases your unique skills and experiences. Whether you're creating your first resume or enhancing an existing one, you'll leave with practical strategies to present your qualifications in a clear, compelling, and employer-ready format.	April 2 (Wed) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
LSAT Test Prep: Logic Games	We will tackle one of the three main areas of the LSAT exam, specifically, the Analytical Reasoning section a.k.a. "Logic Games". This would also be of interest to any student interested in boosting his or her logical deduction and reasoning skills.	April 3 (Thurs) 2pm Hill Hall 331	James Pao, Testing and Proctoring Center
Resume Reboot: Stand Out to Employers	Is your resume in need of a refresh? Take it to the next level! This workshop is designed for individuals who have a resume but want to enhance its impact and relevance. Learn to use AI-powered tools like Skills First to refine your resume, highlight your most marketable skills, and tailor it to meet employer expectations.	April 3 (Thurs) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
The Intern Advantage: Tools for Success	This session will provide you with tools and strategies to maximize the value of internships and turn them into steppingstones for your career: how to set goals, build professional relationships, and leverage your internship to develop skills and gain valuable experience.	April 7 (Mon) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Talk the Talk: The Perfect Introduction	Learn how to craft and deliver a polished elevator pitch that captures your unique strengths and professional goals. Whether you're networking, attending interviews, or introducing yourself in any professional setting, this session will help you speak with clarity and confidence.	April 8 (Tue) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services

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Your Spotlight Moment: Elevator Speech Essentials	This workshop will equip you with the tools to craft an engaging elevator speech that showcases who you are and what you bring to the table. Perfect for networking events, interviews, and professional introductions, create a memorable impression in just a few seconds.	April 9 (Wed) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Digital You: Building a Winning Online Resume	Learn how to build a standout digital resume using Skills First, an AI- powered tool that helps you highlight your skills and achievements in a professional format. Whether you're applying for jobs online or building your personal brand, we will guide you through the process of creating a dynamic online resume.	April 9 (Wed) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Equilibrium Essentials: Balancing Work, Life, and You	Are you trying to figure out how to balance work, school, and life, and everything feels off-center? Engage in a guided activity to help bring attention to various parts of your life and how they're being kept up. Take part in a group discussion to share insights and work on plans to bring more balance into your life.	April 9 (Wed) 5pm Hill Hall L05	Gabrielle Norcross and Emily Kirker, Counseling Center
Manners Matter: Dining & Dialogue Etiquette	Join us for an interactive and fun etiquette session designed to help you shine in professional settings. Learn the secrets of navigating a formal dining table, including which fork to use and when, while mastering the art of engaging, confident conversation. Whether you're preparing for networking events, job interviews, or formal dinners, this session will leave you polished, prepared, and ready to impress.	April 9 (Wed) 6pm to 8pm DJR 100B	Tarsha Damon, Student Orientation and First Year Student Programming
Career Tech Toolkit: LinkedIn and Beyond	This session will show you how to leverage LinkedIn and other digital platforms to build your personal brand and expand your professional network. Learn how to create an impactful LinkedIn profile, connect with the right people, and amplify your career growth.	April 10 (Thurs) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
The Intern Advantage: Tools for Success	This session will provide you with tools and strategies to maximize the value of internships and turn them into steppingstones for your career: how to set goals,	April 14 (Mon) 3pm	Peer Advisors, Career Development Services

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	build professional relationships, and leverage your internship to develop skills and gain valuable experience.	Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	
Talk the Talk: The Perfect Introduction	Learn how to craft and deliver a polished elevator pitch that captures your unique strengths and professional goals. Whether you're networking, attending interviews, or introducing yourself in any professional setting, this session will help you speak with clarity and confidence.	April 15 (Tue) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Skills in the Spotlight: How to Shine	Your skills are your superpower! Learn how to showcase them effectively! You'll discover strategies for identifying your top skills and communicating their value to employers. Whether in a resume, cover letter, interview, or networking conversation, this session will teach you how to position your skills as the key to solving an employer's needs.	April 16 (Wed) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
The Art of the Resume: Your Story on Paper	Discover how to craft a resume that tells your professional story and showcases your unique skills and experiences. Whether you're creating your first resume or enhancing an existing one, you'll leave with practical strategies to present your qualifications in a clear, compelling, and employer-ready format.	April 16 (Wed) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Fiction Writing 101: Crafting Compelling Stories	Learn the essential elements of fiction writing, including plot structure, character development, dialogue, and point of view, to craft stories that resonate with readers.	April 17 (Thurs) 3:30pm Hill Hall 331	Writing and Communications Center
Resume Reboot: Stand Out to Employers	Is your resume in need of a refresh? Take it to the next level! This workshop is designed for individuals who have a resume but want to enhance its impact and relevance. Learn to use AI-powered tools like Skills First to refine your resume, highlight your most marketable skills, and tailor it to meet employer expectations.	April 17 (Thurs) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Let's Talk about SAP	We will discuss the SAP (Satisfactory Academic Progress) Policy and the appeals process for SAP.	April 18 (Friday) 11am to 1pm	Office of Scholarships and Financial Aid

Workshop	Description	Date, Time, and Location	Presented By
		DJR 100B	
The Intern Advantage: Tools for Success	This session will provide you with tools and strategies to maximize the value of internships and turn them into steppingstones for your career: how to set goals, build professional relationships, and leverage your internship to develop skills and gain valuable experience.	April 21 (Mon) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Problem-Solving with Creativity	Creative thinking is a crucial real-world skill. Working in teams, we will tackle fun brain teasers to tickle our creative brains. Get ready to stretch the way you think!	April 22 (Tue) 3pm Hill Hall L05	James Pao, Testing and Proctoring Center
Talk the Talk: The Perfect Introduction	Learn how to craft and deliver a polished elevator pitch that captures your unique strengths and professional goals. Whether you're networking, attending interviews, or introducing yourself in any professional setting, this session will help you speak with clarity and confidence.	April 22 (Tue) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Your Spotlight Moment: Elevator Speech Essentials	This workshop will equip you with the tools to craft an engaging elevator speech that showcases who you are and what you bring to the table. Perfect for networking events, interviews, and professional introductions, create a memorable impression in just a few seconds.	April 23 (Wed) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Digital You: Building a Winning Online Resume	Learn how to build a standout digital resume using Skills First, an AI- powered tool that helps you highlight your skills and achievements in a professional format. Whether you're applying for jobs online or building your personal brand, we will guide you through the process of creating a dynamic online resume.	April 23 (Wed) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Financial Literacy: Saving Strategies	Devising a sound savings strategy is essential to good money management. Acquire tools, tips, and a personalized action plan to help you leverage your savings for financial independence.	April 24 (Thurs) 2pm Hill Hall L05	Russ Fields, Allegacy Federal Credit Union

Workshop	Description	Date, Time, and Location	Presented By
Test-Taking Tips for Final Exams	Test-taking tips include: how to get the inside scoop on what the test format will be, how to overcome test-taking anxiety, what to do before test day, how to handle different kinds of questions on a test, and how your study habits influence your level of stress.	April 24 (Thurs) 3pm Hill Hall L05	James Pao, Testing and Proctoring Center
Career Tech Toolkit: LinkedIn and Beyond	This session will show you how to leverage LinkedIn and other digital platforms to build your personal brand and expand your professional network. Learn how to create an impactful LinkedIn profile, connect with the right people, and amplify your career growth.	April 24 (Thurs) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
BYG (Before You Go)	Check-in with the Financial Aid & Student Accounts offices before you check out for summer break.	April 25 (Friday) 11am to 1pm DJR 100B	Office of Scholarships and Financial Aid and Office of Student Accounts
The Intern Advantage: Tools for Success	This session will provide you with tools and strategies to maximize the value of internships and turn them into steppingstones for your career: how to set goals, build professional relationships, and leverage your internship to develop skills and gain valuable experience.	April 28 (Mon) 3pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services
Talk the Talk: The Perfect Introduction	Learn how to craft and deliver a polished elevator pitch that captures your unique strengths and professional goals. Whether you're networking, attending interviews, or introducing yourself in any professional setting, this session will help you speak with clarity and confidence.	April 29 (Tue) 4pm Hill Hall (<i>Check in with CDS Office, 2nd floor</i>)	Peer Advisors, Career Development Services

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